



Are You Ready for Your Adventure?

What to Pack

This list is based on suggestions only

- 2/3 shorts/skirts
- 1 jacket/anorak
- Tracksuit/pullover
- 2 pairs of long pants/jeans
- 1 pair of walking shoes/boots/trainers
- 1 pair of sandals
- 3 or 4 T-shirts/short sleeve shirts or sundresses
- 2/3 Long Sleeve Shirts
- Smart casual change of clothes
- Swimwear
- Underwear & socks
- Sun Hat – preferably that covers the back of your neck.
- Raincoat
- Kikoi/sarong
- Beanie and gloves if you're travelling in Winter
- Earplugs or noise-cancelling headphones

Additional Items to Pack

Suggested packing list only

- Towel & facecloth
- Baby wipes/ wet wipes
- Personal toiletries
- Sleeping bag & pillow. For added comfort, a fitted sheet & pillow case (applicable for camping tours)
- Torch & enough spare batteries
- Camera & spare batteries, and memory cards
- Water bottle
- Insect and mosquito repellent
- Suntan lotion, sun block & after sun lotion
- Sunglasses
- Watch
- Biodegradable laundry detergent
- Vaccination certificates (if applicable)
- Money
- Small sewing kit
- Clothes line and pegs
- Small scrubbing brush
- A small padlock for your luggage locker in the truck
- Small basic First Aid kit (painkillers, band aids, after-sun lotion, eye drops, anti-diarrhea tablets)

What Sort of Clothing Should You Pack?

Your clothing should be easy to wash and dry, and should preferably not need ironing. Avoid synthetics, which can be very uncomfortable in hot weather. Many people underestimate how cold Africa can be – remember your jersey/jacket!

Some nights are warm, but you must still wear clothes that cover arms and legs from mosquitoes, or there are days that are warm but nights that are freezing, so plan carefully.

Take a set of casual but smart clothes for the occasional evening out in a restaurant or a nightclub. If you wear glasses or contact lenses, it is advisable to bring a spare pair along.

Helpful Tips from Our Team



- Line up your audiobooks & make sure they're downloaded before your travels for ease of access
- Bring a multi-port USB hub if you have more than one device
- Solar charging battery charger & torch (in one)
- Inflatable travel pillow
- A buff/neck gaiter x 2
- Check the season, if it's hot, it's going to be hotter than you expect, same goes for if it is cold
- If you are going Gorilla Trekking, we suggest light gardening gloves to help you grab onto the vegetation as you trek through the forest
- In terms of towels, a quick-dry towel comes in handy; they are small and take up far less space than a standard one
- Layer your clothes so that you can take off or add on layers as the day gets warmer or colder.
- Carry a light windbreaker or puffer jacket to keep in your daypack to pop on when you feel chilly
- Please note that packing space is limited & weight restrictions must be adhered to for the safety of everyone
- Use a soft-sided bag that can be squeezed into tight spaces; we do not recommend using a bulky suitcase / hardshell bag
- For winter travel, pack a compact blanket for added warmth. Alternatively, buy one when you arrive and consider donating it before you depart

Lastly...

We hope you have the most Epic Adventure!